



**INDIAN HARBOR YACHT CLUB**  
**55<sup>th</sup> ANNUAL STRATFORD SHOAL RACE**

Saturday, October 9, 2010

**"THE GEARBUSTER"**

Sailing Instructions

**1. RULES**

This race will be governed by the Racing Rules of Sailing, the prescriptions of US Sailing, all Notices of Event, and by these Sailing Instructions. Boats shall comply with the rules and requirements of their respective classes and/or measurement rules except as noted below.

The measurement rules used will be IRC, PHRF Spinnaker and PHRF Non-Spinnaker as administered by the YRA of LIS. PHRF boats will be scored using the distance racing handicap issued by the YRA of LIS. Class weight or crew limits are waived for this event.

Boats racing under the various measurement rules may be divided into divisions.

A double-handed division, using PHRF Spinnaker ratings, will be included provided there are sufficient entries as determined by the Race Committee. Any double-handed division will be treated as a separate rating fleet for the purpose of awarding the Windward and Todd trophies.

Scratch sheets may be obtained from the Indian Harbor front desk beginning Friday evening, October 8<sup>th</sup> or from a Regatta Committee support boat before the start, or online at indianharboryc.com under the "Regatta" button.

PHRF will be scored using the "time-on-distance" method.

**2. ELIGIBILITY & EQUIPMENT**

This race is open to boats owned by or under charter to members of the YRA of LIS or another US Sailing association, and boats of foreign registry.

The responsibility for providing and maintaining a vessel, which is in all respects seaworthy and safe, rests with the owner, the captain, and the crew. All boats must comply with the YRA of LIS Category B minimum equipment recommendations.

**3. DOUBLE-HANDED DIVISION REQUIREMENTS & RESTRICTIONS**

For double-handed divisions the following apply:

- Crew limit is two persons, one of whom must be 18 years of age or older
- Wind vanes or electric self-steering devices may be used.
- Twin headsails may be set on two poles, but no spinnaker or whisker pole may exceed the maximum rated length of the boat's spinnaker pole as shown on her rating certificate.
- Asymmetrical spinnakers may be used provided the boat is rated for their use.
- Jack lines must be rigged both port and starboard, and run from the cockpit to the bow.
- There shall be no shifting of ballast during the race except on boats rated with moveable ballast.

**4. ENTRY**

Each boat's \$50 entry must reach the Regatta Committee by 1700 hours, Wednesday, October 6, or be subject to a late fee of \$25. No entry will be accepted after 1900 hours on Friday, October 8<sup>th</sup>.

**5. NOTICES TO COMPETITORS & CHANGES IN SAILING INSTRUCTIONS**

Notices to competitors will be posted on the Official Notice Board located in the lobby of the IHYC clubhouse. Changes to these Sailing Instructions will be posted by 0900 on the day of the race.

**6. FILING & HEARING PROTESTS**

A protesting boat shall deliver her protest to IHYC, marked attention of the Protest Committee, no later than 2100 Tuesday, October 12, 2010 (Note: Indian Harbor Yacht Club is closed on Monday, October 11.) Forms are available at the front desk. All protests will be heard at 1945 on Wednesday, October 13, 2010.

**7. TIME OF START & SIGNALS**

The starting sequence will be in accordance with RRS 26. The starting sequence will continue in the following manner until all divisions on the scratch sheet have been started.

Time	Meaning	Visual Signal	Sound Signal
1055	Warning	Division flag	1 sound
1056	Preparatory	Code Flag P, I, Z, Z with I or black flag	1 sound
1059	One-minute	Preparatory flag removed	1 sound
1100	Start	Division flag removed	1 sound

Succeeding divisions will be started in numerical order either (a) at five minute intervals by displaying a division flag at the start of the preceding division, or (b) at any time afterward by re-commencing the five minute sequence described above. In the event a new five minute sequence is initiated, the race committee will endeavor to make a multiple horn signal shortly before the new warning signal.

**8. STARTING LINE**

The starting line will be to the east of Little Captain Island between Flat Neck Point Shoal RN "2" and a yellow flag on the signal boat.

**9. GOVERNMENT MARKS**

Government marks may be passed on either side at the sole discretion of the skipper/owner.

**10. COURSES**

The course for all boats racing with spinnakers and the double-handed fleet shall be to Stratford Shoal Light and back leaving this mark to port. The course length is 46.5 nautical miles.

The course for the non-spinnaker fleet shall be to Gong "11B" FI G 4s north of Eatons Neck Point and back leaving this mark to port. The course distance is 19 nautical miles.

**11. FINISH LINE**

The finish line will be between Greenwich Harbor Channel Nun "2" INSIDE Captains Harbor and a yellow flag on the signal boat. **[Please note: This is NOT the same Nun "2" as is being used for the start - this Nun "2" is inside the Great Captains Island. The bearing FROM this buoy TO the Great Captains Light is 199 degrees magnetic at a distance of 0.97nm.]** The signal boat will be anchored to the north of Nun "2".

The Regatta Committee boat will display a Race Committee flag, an IHYC burgee, and after sunset, two vertical white lights. If finishing in the dark, a boat shall, upon finishing, illuminate her sail numbers and hail the Regatta Committee boat on VHF Channel 68 when approaching the finish line to ensure the boat's identity has been established.

**12. TAKING TIME AT THE FINISH**

In the absence of a Regatta Committee boat at the finish line, boats shall take their own time when, passing within 20 yards to the north of Nun "2" as described in Section 11. FINISH LINE, this mark bears 199 degrees magnetic. This time is to be reported to the Indian Harbor Yacht Club at 203 869 2484.

**13. RECALLS**

The Regatta Committee will attempt to hail OCS boats on VHF Channel 68. Failure of the Regatta Committee to successfully notify an OCS boat over the radio shall not relieve the OCS boat of its responsibility under RRS 28.1 nor be grounds for redress.

**14. WITHDRAWALS**

Boats withdrawing from the race are REQUIRED to contact the Regatta Committee either over VHF channel 68 or by contacting Indian Harbor Yacht Club at 203.869.2484.

**15. POST-RACE GET TOGETHER**

All competitors are invited to Indian Harbor Yacht Club after the finish for a modestly priced buffet dinner.

**16. PRIZES**

The *Windward Cup*, a perpetual prize, will be inscribed with the name of the overall winner of the rating fleet with the largest number of starters.

The *William H. Todd Trophy*, a perpetual prize, will be inscribed with the name of the overall winner of the rating fleet with the second largest number of starters.

First, second and third place prizes will be awarded to each rating class within each division.

**17. RESPONSIBILITIES OF COMPETITORS**

As a condition precedent to his or her participation in any race or series (including without limitation all activities thereto) sponsored by Indian Harbor Yacht Club, Incorporated, each participant assumes any and all risk associated with such participation and waives any and all claims, including without limitation any claim in respect of assistance given or not given, against Indian Harbor Yacht Club, Incorporated, and the directors, offices, members, guests and employees of the Club or any injury or damage resulting from such participation.

**ADDENDUM – START/FINISH MARKS & LOCATIONS**

	Description	Characteristic	Latitude	Longitude
Start Mark	Flat Neck Point Shoal RN 2	Red Nun	40°59.746	073°35.479
Finish Mark	Greenwich Harbor Channel RN 2	Red Nun	40°59.905	073°37.277